

ANUGRAHA

Capuchin Institute of Counselling, Psychotherapy & Research

ISO 9001:2015 Certified Institution

2020 PROGRAMMES

69 th	Counsellor Training Programme (CTP)	Jan	06 - Feb 01	Eng	₹ 14000
260 th	Healing the Inner Child (HIC)	Feb	16 - 23	Eng	₹ 4500
261 st	Healing the Inner Child <small>Formees Only</small> (HIC)	Mar	16 - 21	Tam	₹ 3000
262 nd	Healing the Inner Child <small>Formees Only</small> (HIC)	Mar	23 - 28	Eng	₹ 3000
263 rd	Healing the Inner Child (HIC)	Apr	14 - 21	Tam	₹ 4500
264 th	Healing the Inner Child (HIC)	Apr	23 - 30	Eng	₹ 4500
70 th	Counsellor Training Programme (CTP)	May	04 - 30	Eng	₹ 14000
20 th	Body Language (BL)	Jul	06 - 10	Eng	₹ 3000
265 th	Healing the Inner Child (HIC)	Jul	14 - 21	Tam	₹ 4500
266 th	Healing the Inner Child (HIC)	Jul	24 - 31	Eng	₹ 4500
71 st	Counsellor Training Programme (CTP)	Aug	03 - 29	Eng	₹ 14000
267 th	Healing the Inner Child (HIC)	Sep	01 - 08	Eng	₹ 4500
01 st	Music Therapy (MT)	Sep	10 - 13	Eng	₹ 3000
02 nd	Positive Psychology (PP)	Sep	14 - 18	Eng	₹ 3000
01 st	Skills of Family Counselling (SFC)	Sep	21 - 25	Eng	₹ 3000
27 th	Family Enrichment Programme (FEP)	Sep	26 & 27	Eng/Tam	₹ 1000
02 nd	Cognitive Psychology (CP)	Sep	28 - Oct 02	Eng	₹ 3000
72 nd	Counsellor Training Programme (CTP)	Oct	05 - 31	Eng	₹ 14000
05 th	Bio-Psycho Spiritual YOGA (YOGA)	Nov	02 - 07	Eng	₹ 3500
268 th	Healing the Inner Child (HIC)	Nov	15 - 22	Tam	₹ 4500
22 nd	Inner Journey Retreat (IJR)	Nov	24 - 29	Eng	₹ 3500
269 th	Healing the Inner Child (HIC)	Dec	02 - 09	Eng	₹ 4500
28 th	Family Enrichment Programme (FEP)	Dec	11 - 13	Eng/Tam	₹ 1000
01 st	Psychosexual Integration & Affective Maturity	Dec	15 - 19	Eng	₹ 3000

anugrahacentre@gmail.com | 94864 86899, 0451 2550100 | www.anugraha.info



St. Francis of Assisi

Our founder and inspiration, reached out to the marginalized of his time, especially the lepers. In his footsteps, we strive to witness Christ by caring for individuals and families in need of emotional and psychological well-being



WELCOME TO ANUGRAHA

(Capuchin Institute of Counselling, Psychotherapy and Research)

Nochiodaipatti, Natham Road, Dindigul – 624 003, Tamil Nadu

Landline Phone: (0451) 25 50 100; Mobile: 94864 86899

Email: anugrahacentre@gmail.com

Website: www.anugraha.info

Greetings from Anugraha! The Capuchin Institute of Counselling, Psychotherapy! We are glad to inform you that you are chosen to attend the Anugraha Programme. You are most welcome. It will be a great pleasure to have you at our place for the same. Hope you will have a good time here.

The course starts at **9.00 am**, on the Commencement Day, and ends at **1.00 pm** (with Lunch) on the last day. You are most welcome to arrive here one day prior to the commencement. SMS us about the date and time of your arrival.

SMS model: YOUR NAME >space< Arrival DATE >space< Arrival TIME to our mobile 94864 86899

The course is residential. You are expected to attend the entire programme for the full duration of the course. Class notes and handouts will be given. You may kindly bring along with you writing materials, crayons sketch, colour pencils and note book or papers, torch light, towel, Mosquito coils or liquid, medicines, and the soap, oil etc., Sisters and women may bring a chudithar for yoga sessions and therapies.

Per Room = 2 persons Sharing, attached bathroom. The Fee includes Course, Food & Accommodation.

For any further information, please feel free to contact:

The Administrator, Anugraha, Nochi-odai-patti, Natham Road, Dindigul – 624 003, Tamil Nadu, India.

Landline Phone: (0451) 25 50 100, Mobile: 94864 86899; Office hours: 9.30 am to 5 pm

How to reach Anugraha

Dindigul is well-connected by train- and bus-routes. Anugraha is located 10 km from the Dindigul Bus Stand. (The Dindigul Railway Junction is 1 km from the Dindigul Bus Stand .) On arriving at the Dindigul Bus Stand, you may take any bus of No. 1 series (1A, 1B, 1C) and alight at Nochiodaipatti Anugraha Stop (or Rice Mill Stop). As you get down, you will find the board “Anugraha” to the left. Take the metal road and walk along 150 meters, you are at the Anugraha Animation Centre (the big building after the St. Anthony’s Church).

Note: If you come by auto rickshaw or taxi, please tell the driver: “Nochiodaipatti Anugraha Centre.” Please book your return train ticket or bus ticket well in advance – because it’s very difficult to get return tickets at short notice.

Only for COUNSELLOR TRAINING PROGRAMME course

Note: For the 4 week Counselor Training Programme, Please pay a Non Refundable Registration fee Rs. 1000 in advance (Necessary). Total Fee 13000 + Regi. Fee 1000 = 14000

Only for HEALING THE INNER CHILD Course: Non Refundable Registration fee Rs. 500

Wishing you all of God's richest blessings, now and always!!

THANKING YOU,
ADMINISTRATOR, ANUGRAHA

